



# Ana

## WeBlog: Relationship Matrix

### WeBlog Guide Activity One: Sisterhood

So, what do you think are the benefits of being friends with guys? See if you agree or disagree with what other girls say:

- Boys usually gossip less.
- Boys are more forward when they have a problem with someone else.
- Boys can like different things that might be interesting to girls, like video games and cars.

However, just as with girls, there are drawbacks with boy friendships, too. Here are a few:

- Relationships with other boys/girls can go bad because of your friendship.
- If you develop a crush on one of your guy friends, you could get jealous if he got a new girlfriend.
- It can be harder for girls to talk about private or emotional things with guys.
- Getting into the "wrong crowd" of guys (some guys may be more physically violent or engage in risky behaviors).

What would you say are the pros and cons of guy friendships?

#### Pros

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#### Cons

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One of Ana's classmates says: "My friends are mostly guys. I'd rather be friends with them any day than a group of girls."





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### WeBlog Guide Activity Two: Teens, Friends, and Pregnancy

Did you know that whether or not you are sexually active as a teen is influenced by how your friends feel? If your friends have one set of beliefs and you have another, you may feel tempted to conform and do what they do. How often do you try and talk things out with your friends to better understand how each of you feels about sex?

#### True or False quiz on Girls and Teen Pregnancy

How informed are you? See how you score on the quiz that follows—the answer key is after the questions. \_\_\_\_\_

1. Nearly all high school students use protection when they become sexually active. \_\_\_\_\_
2. Guys in high school are more likely to use protection when engaging in sexual activity than girls. \_\_\_\_\_
3. Half of girls aged 15-17 have engaged in sexual intercourse. \_\_\_\_\_
4. One quarter (25%) of girls will have sexual intercourse before the age of 13. \_\_\_\_\_
5. For every sexually active 1,000 girls ages 13-17, about 40 of them will become pregnant and have a child. \_\_\_\_\_
6. The pregnancy rate for non-Hispanic teens is about a third less than Hispanic teens. \_\_\_\_\_
7. First intercourse was involuntary for 9% of teens. \_\_\_\_\_
8. About one third of females and two thirds of males have had more than one sexual partner. \_\_\_\_\_

#### Answer Key

1. False—about one fourth of teen girls and 18% of boys used no protection at first intercourse.
2. True--91% of boys vs. 83% of girls.
3. True—46% of high school aged girls have engaged in sexual intercourse.
4. False--5% of girls will have sexual intercourse before the age of 13.
5. True—40/1000 sexually active girls in this age group become pregnant and have a child.
6. True—Of those girls who are sexually active, the pregnancy rate for non-Hispanic teens is about a third less than Hispanic teens (35% vs. 12%).
7. True--First intercourse was involuntary for 9% of teens.
8. False--28% of females and 31% of males have had more than one partner

[Source: Teenagers in the United States: Sexual Activity, Contraceptive Use, and Childbearing, 2002, Published in 2004 by the CDC, Series 23, Number 24]

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### WeBlog Guide Activity Two: Teens, Friends, and Pregnancy

#### How to Help

If a friend does get pregnant, she needs your friendship more than ever. Like Ana, you can help in many ways:

- Listening
- Finding resources
- Being nonjudgmental
- Encouraging her to talk to adults who can help
- Expressing concern about her health
- Continuing to be her friend, no matter what!

What other ways can you help a friend who thinks she may be pregnant, or is at risk for becoming pregnant?

Remember—if a girl gets pregnant she has exposed herself to unprotected sex, which means the risk of HIV and STDs.

